

Plan For The Future - Project 120

| Goal Category | What is your desired state? | Current State | Gap | Focus Area |
|--------------------------------|---|---------------|-----|-------------------|
| Personal Development Goals | e.g Get Healthy. Specifically, 10% Body Fat and able to run 5km easily. | 25% Body Fat | 15% | Diet and Exercise |
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| Career/Business/Economic Goals | | | | |
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| Toys/Adventure Goals | | | | |
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| Contribution Goal | | | | |
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