

Project 120: High-Level Goal Categories

Personal Development Goals

Things you'd like to improve in your life that relates to your own personal growth.

e.g. Speak Spanish, Get fit, or study psychology.

Career, Business and Economic Goals

Anything you want for your career, business, or financial life.

e.g. Work as a dentist, start a soap company, grow an investment portfolio by 20%

Toys and Adventure Goals

everything you could ever want, have, do or experience in your life.

e.g. Buy a jet ski or a jet, travel the world, skydive, or fly a plane.

Contribution Goals

These can be the most inspiring, compelling goals of all, because this is your opportunity to leave your mark, creating a legacy that makes a true difference in people's lives.

e.g. start a charity, volunteer, Project 120 (*wink*), help the elderly lady across the street to mow her lawn each week.